

MARCH 2012 EVENTS

NEW TO OUR CUSTOMERS

Pharmacy Help-Line Now Available! Visit any Vitamin Store for more details and get answers to all of your questions regarding supplement and potential medication interactions.

Waterdown Store: 255 Dundas St. E. (In Sobey's Plaza)
T: (905) 690-8383

FREE SEMINAR: Stressed?

SPEAKER: Dr. Tanya Hintz-Parry B.Sc., D.C., C.A.C.C.P

DATE: Tues. March 20th TIME: 7:30 – 8:30pm

Having problems sleeping at night? Suffering from so called normal chronic diseases? Join Dr. Tanya Hintz-Parry as she explains the impact of stress on your life, and gives you the tools to decrease and manage your stresses. Dr. Tanya Hintz-Parry is the Family Wellness Chiropractor and owner of Longevity Wellness located at Brant and Upper Middle in Burlington. She is in 10th year of practice, and loves working with people of all ages and helping them unleash their full human potential.

Live Cell Analysis - Video Microscopy

DATE: Thurs. March 22nd TIME: 10am – 6pm

COST: \$75 (50 min.)

Payment (Cash or Cheque) due at time of booking appointment.

Live blood analysis involves magnifying a single drop of blood, taken from a fingertip prick, to 1,000 times or more under a microscope. The cells of the blood are observed on a monitor and can reveal certain subtleties missed by laboratory blood tests. Analysis can reveal distortion of red blood cells which reflect nutrition status, especially low levels of iron, vitamin B12, folic acid and fatty acids. Incomplete or delayed digestion of fats and proteins can also be observed signifying slow digestion and mal-absorption. In addition, markers for liver stress, thyroid function, adrenal fatigue, inflammation, undesirable bacteria and fungal life forms may also be revealed.

FREE SEMINAR: TEN MINUTE FACE LIFT

SPEAKER: Gillian Jakubowski, Registered Aromatherapist

DATE: Tues. March 27th TIME: 7:30 – 8:30pm

Beauty is not just skin deep. Our faces reflect our feelings, mood, health and emotions. This 1 to 2 minute massage technique will help generate a beautiful complexion through our harsh Canadian winters. Following this daily routine will ensure elasticity, clear away toxins, tone the skin and facial muscles making a real difference to the shape and tone of your face. Come have a fun interactive evening out. Gillian is a Registered Aromatherapist with 15 years experience and owns a holistic practice in Burlington. Join her to learn about her secrets to beautiful-looking skin!

Dundas Store: 86 Main St. (Blockbuster Plaza)
T: (905) 628-9565

Live Cell Analysis - Video Microscopy

DATE: Mon. March 26th

TIME: 10am – 6pm

COST: \$75 (50 min.)

Payment (Cash or Cheque) due at time of booking appointment.

Live blood analysis involves magnifying a single drop of blood, taken from a fingertip prick, to 1,000 times or more under a microscope. The cells of the blood are observed on a monitor and can reveal certain subtleties missed by laboratory blood tests. Analysis can reveal distortion of red blood cells which reflect nutrition status, especially low levels of iron, vitamin B12, folic acid and fatty acids. Incomplete or delayed digestion of fats and proteins can also be observed signifying slow digestion and mal-absorption. In addition, markers for liver stress, thyroid function, adrenal fatigue, inflammation, undesirable bacteria and fungal life forms may also be revealed.

Burlington E. Store: 728 Burloak Dr. (Burloak Commons Plaza)
T: (905) 331-6064

Live Cell Analysis - Video Microscopy

DATE: Sat. March 24th

TIME: 10am – 6pm

COST: \$75 (50 min.)

Payment (Cash or Cheque) due at time of booking appointment.

Live blood analysis involves magnifying a single drop of blood, taken from a fingertip prick, to 1,000 times or more under a microscope. The cells of the blood are observed on a monitor and can reveal certain subtleties missed by laboratory blood tests. Analysis can reveal distortion of red blood cells which reflect nutrition status, especially low levels of iron, vitamin B12, folic acid and fatty acids. Incomplete or delayed digestion of fats and proteins can also be observed signifying slow digestion and mal-absorption. In addition, markers for liver stress, thyroid function, adrenal fatigue, inflammation, undesirable bacteria and fungal life forms may also be revealed.

The Vitamin Store *5 locations*
To serve you better

Visit Our Website At
www.TheVitaminStoreCanada.com

Waterdown
255 Dundas St. E.
(Sobey's Plaza)
Waterdown, ON
(905) 690-8383

Dundas
86 Main St.
(Blockbuster Plaza)
Dundas, ON
(905) 628-9565

Burlington West
459 Guelph Line
(Roseland Plaza)
Burlington, ON
(905) 631-0668

Burlington East
728 Burloak Dr.
(Burloak Commons Plaza)
Burlington, ON
(905) 331-6064

Milton
500 Laurier Ave.
(Laurier Plaza)
Milton, ON
(905) 878-3080

HOME DELIVERY
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(905) 331-6064